



General Psychology

SEMESTER 1 . FHS . 2022-2023

Fairview High School

General Psychology 20

Course Outline 2022-2023

*D Block Mon/Wed/*Fri +*Pulse*

Ms. Pinkard

Room: 19

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Phone: TBA

OBJECTIVES:

This introductory psychology course is designed to help students develop and understand effective emotional skills for living in our complex environment. The student's attention will focus on the scientific approach to understanding human behaviour so that they may appreciate more fully the human experience and the inborn processes that influence our behaviours.

SCOPE & SEQUENCE

Timeline	Theme	Topics
September	Theme 1: Psychological Schools of Thought	A. Philosophical Origins Of Psychology B. Beginnings Of Modern Psychology C. Major Approaches To Understanding Behaviour
September	Theme 2: Principles of Learning	A. What Is Learning? B. Trial And Error Learning C. Classical Conditioning D. Terms Related To Classical Conditioning E. Operant Conditioning F. Terms Related To Operant Conditioning G. Operant Conditioning And Punishment H. Operant Conditioning And Programmed Learning I. Learning By Insight J. Controversial Areas Of Learning
October	Theme 3: How to Learn Efficiently	A. Transfer B. Other Factors In Learning Efficiently C. The Progress Of Learning D. Remembering E. Forgetting

November	Theme 4: The Process of Thinking	A. Basic Elements Of Thinking B. Concepts C. Uncritical Thinking D. Creative Thinking E. Imagining F. Reasoning G. Computer Versus Human Thinking H. Applying Principles Of Learning To Exam-Taking
November / December	Theme 5: Facing Frustration and Conflict	A. Frustration And Conflict B. Types Of Conflict C. Desirable Ways Of Responding To Frustration And Conflict D. Adjustment Mechanisms E. Cognitive Dissonance
December	Theme 6: Emotional Problems of Adolescents	A. Inferiority B. Daydreaming C. Thrills And Thrill-Seeking D. Family Conflicts E. Dating And Romantic Love F. Gendered Roles and Identity
January	Theme 7: Behaviour Disorders and Treatment	A. Behaviour Disorders In Society B. Neurotic Behaviour C. Psychosis D. Functional Psychosis E. Organic Psychosis F. Personality Disorders G. The Treatment Of Behaviour Disorders

EVALUATION:

Assignments & Projects	40%
Quizzes & Exams	30%
<i>Major Project: Research & Presentation</i>	<i>20%</i>
Reflections	10%
Total	100%

ELECTRONIC DEVICE POLICY:

Any device brought to class must be either out of sight, plugged in at the charging station, or placed in the phone box at my desk. Volume must be turned off, unless otherwise arranged with Ms. Pinkard.

Please be aware that none of the above locations are locked and secure; if you want to be certain that your device remains safe, leave it in your locker. If you need to use your device during class for some reason, ask Ms. Pinkard for permission first.

CLASSROOM EXPECTATIONS:

BE Respectful

Everyone has a right to learn, please do not interfere with someone else's learning.

This means:

- ❖ Wait for your turn to speak- allow your teacher or other students to finish what they are saying before you speak. Keep your voice down while people are working.
 - ❖ People sometimes make mistakes when they answer questions- this is part of learning! Be kind and encouraging please.
 - ❖ Some of the subject matter can bring up uncomfortable feelings, memories, or concerns.
 - This makes it particularly important to be respectful to the people around you as you do not always know how the topic (or your comment) might affect a person.
 - Be respectful to yourself as well by acknowledging your experience as it comes up with curiosity instead of judgment.
- ⇒ Please respect and follow all school procedures and rules.
- ⇒ Ask for permission before touching or borrowing someone else's things. Respect personal space.
- ⇒ Please respect any technology that is brought into the classroom. You will be instructed on proper, acceptable use. If something is not working, please tell Ms. Pinkard immediately!

BE Responsible

- ⇒ Use your class time wisely. All assignments in this class have a purpose, so please make each one a priority.
- ⇒ At the beginning of each class, check to make sure that you have all the supplies you will need. Keep your materials organized so that you will be easily able to find homework and notes.
- ⇒ You are responsible for making up missed quizzes and exams on your own time, either at lunch or before or after class. Extended absences nearly always require time to be made up at lunch- asking for a missed assignment is good, but asking for help to complete the assignment is even better!
- ⇒ Maintaining a positive attitude and asking for help when you need it will help with this!
- ⇒ If you need to leave the classroom, please ask. Only one person will be allowed to leave the room at a time and you will be required to leave any devices in the class (phones, etc.) unless they are medically necessary.
- ⇒ Leaving during class time is a privilege - if you are gone for a long period of time, you will no longer be allowed to leave the room.