Grade 8 Home Ec. Course Outline Ms. J. Lawrence

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Sewing	Foods
Review of safety Machine stitching and problems, sewing tips, layout and patterns. Seam finishes. Clothing care and ironing Project	Safety review Knife skills Focus on specific foods -fruits -vegetables -meats -grains -dairy Nutritional qualities Characteristics of quality products Cooking methods
Project 40% Assignments and quizzes 10%	Labs 40% Assignments, Quizzes 10%

Teaching Methodology

A variety of auditory, visual, and kinesthetic instructional strategies will be used in order to target different learning styles and to successfully deliver curricular content. Direct instruction will include lecture, demonstrations, and question & answer sessions. Students will also engage in authentic individual, small group, and whole group activities including assignments, projects and presentations, as well as laboratories. Technology will be integrated into course presentation through videos, Smart Notebook, and computer animations and software. Students will complete labs and projects that will involve internet research.

Power School and Online Communication

The online marks program "Power school" is an online portal for teachers to communicate with students and parents about schedules, attendance, and grades. Attendance is updated daily and marks will be updated about every two weeks depending on the number of assessments done during that time.

You will be provided resources and assignments through the use of <u>Google Classroom</u>. You will need to sign-up for our Google Classroom using the classroom code: **d7ekqgk**

Help Sessions - Extra help is available during lunch and by appointment.

Sewing Supplies List For Boxer Shorts

1.2 meters of flannelette fabric. I do not recommend plaid fabric.

1 spool of thread to match their fabric.

2.5 cm wide elastic to fit their waist measurement plus 3cm.

2 large safety pins

seam ripper

measuring tape

pins

pin cushion or pin magnet

1 package of sewing machine needles for woven fabric.

sewing scissors

marking equipment (chalk pencil or washable marking pencil)

small bag or container to hold supplies.

Notes, assignments and worksheets provided will be posted in google classroom

General Expectations; Requirements for Success

- **Phones** are not needed for the bulk of the activities we complete in this course. Please follow school procedures in regards to devices in classrooms. Students who struggle with device use during class time will be addressed on a case-by-case basis.
- **Attendance** is one of the most important factors for academic success. It is expected that you come to class every day, on time, with the materials you require for class.
- All notes, handouts, reading, and assignments missed due to absence are your responsibility. Please make arrangements with myself or with a classmate to obtain missed materials. Should a quiz or lab be missed due to an excused absence, you will be allowed to make it up at a time and place that is convenient for both you and the teacher.
- Homework assignments are due at the beginning of class; on or before the due date. Progress checks are performed regularly throughout the course.
- Assignments should be handed in on time. Late work is not penalized, in terms of marks, and will be accepted up to the cut-off deadlines provided during the course. After which, the assignment will be given a grade of '0'. Late assignments will be marked at the teacher's discretion, do not expect them back the next day.
- Mature and considerate behaviour is expected in class. Students are expected to be respectful to one another and the teacher. Please remain quiet and attentive whenever the teacher is teaching and remain focused on the work to be completed during work time.